CONVENOR

Chintan Dsai
Consultant Shoulder Surgeon
Mumbai, India

George Murrell
Shoulder Surgeon, Professor
and Director
Orthopaedic Research Institute
St George Hospital Campus, UNSW

Delegates may book their accommodation directly
with the hotel on the following number:
02 9556 5111

In order to take advantage of the discounted rate of
$239 per standard room per night, they will need to
quote STG170518. (Rates and room types are subject
to availability at the time of booking). Delegates will
have to provide a credit card upon booking.

Full Buffet breakfast available for a special rate of
$25.00 per person per day.

A 3 Day Seminar relevant to assist in the
management of disorders of the shoulder
17, 18 & 19 May 2018

Venue: Novotel Sydney Brighton Beach

Places are limited
BOOK NOW!

The Shoulder for Physiotherapists

Faculty

Russell Warren
Professor and Emeritus Surgeon-in-Chief at the
Hospital for Special Surgery, and
Team Physician of the New York Giants

Sponsors

Mary Magarey
Consultant Shoulder Physiotherapist
at Flex Physio & Pilates in Adelaide

Sarah Warby
Shoulder Physiotherapist
Melbourne Sports Medicine
Australia ASICS
Gold Medalist

Karen Ginn
Associate Professor
Biomedical Science
The University of Sydney

Julia Hush
Associate Professor
of Physiotherapy
Department of Health Professions
Macquarie University

Fiona Bonar
Anatomical Pathologist
Douglass Hanly Moir Pathology
Adjunct Professor,
University of Notre Dame and Macquarie University

James Linklater
Musculoskeletal Radiologist,
Castlemaine Imaging
Clinical Lecturer,
University of Sydney and UNSW

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Thursday 17 May

**Diagnostic Strategies**

1.00pm Introduction and overview ................................ George Murrell
1.20pm Physical exam .................................................. Russell Warren
1.50pm Imaging .......................................................... James Linklater
2.10pm Ultrasound appearance - tape versus suture .............. Tamara Lennon
2.25pm Sonoelastography .............................................. Lisa Hackett

3.35pm Discussion

3.50pm Afternoon Tea

3.20pm A-C dislocation overview ........................................ Ricardo Avelado
3.30pm A-C dislocation repair .................................................. Daniel Ibrahim

3.40pm WORKSHOPS - Concurrent

Instability examination
Rotator cuff examination
A/C joint / stiffness

5.30pm Welcome Reception DJO Trade show

Friday 18 May

**Instability**

9.00am Rehabilitation for posterior and multidirectional instability ................................................... Sarah Warby
9.40am Traumatic instability - what happens and how to fix it .......................................................... Russell Warren

10.20am Post-op rehab - round table discussion

10.40am Morning Tea

11.00am WORKSHOPS - Concurrent

Shoulder ultrasound
Rehabilitation for posterior and multidirectional instability
Post-op instability rehab

12.30pm Lunch

**Stiffness**

1.30pm What goes wrong and how to fix it? ........................................... George Murrell
1.50pm Neurobiological mechanisms of chronic pain ................. Julia Hush
2.30pm Vibration for frozen shoulder ........................................ Max Sellers
2.40pm How do I manage the painful shoulder ....................... Mary Magarey
3.20pm Which surgical interventions to the shoulder facilitate return to sport, which do not .................. Amy Weber

3.35pm Afternoon Tea

4.05pm WORKSHOPS - Concurrent

Capsular release post-op rehab
Shoulder pain management
Impingement/rotator cuff disfunction rehab

5.35pm Finish

Saturday 19 May

**Rotator Cuff**

9.00am Tendinopathy - a pathologist’s perspective ................. Fiona Bonar
9.30am Integrin signatures in tendinopathy ........................... Rena Cao
9.30am Rotator cuff pathology - my approach ....................... Russell Warren

10.00am Interactions with depression .................................. Lara Nest
10.10am Predictors of post-op pain ........................................ Mitch Bishop
10.20am Early post op pain - what does it mean? ..................... Syed Rizvi

10.30pm Discussion

10.35am Morning Tea

11.00am WORKSHOPS - Concurrent

Scapular dyskinesis - chicken or the egg? ............................. Karen Ginn
11.55am Management of rotator cuff dysfunction ..................... Mary Magarey
12.25pm Injections - what works and what does not ................ Brandi Cole
12.40pm Predictors of a good surgical outcome ....................... George Murrell

1.00pm Lunch

**Patches**

2.00pm Imaging ........................................................ Lisa Hackett
2.20pm Morphology .................................................... Chintan Dsai
2.40pm Clinical outcomes ............................................... Vas Seker

3.10pm Afternoon Tea

3.40pm WORKSHOPS - Concurrent

Post-op rehab - rotator cuff
Post-op rehab - reverse and anatomical total shoulder
Management post operative stiffness

5.10pm Finish

Registration

Return completed form to:
Marina Zimmermann
Meetings Co-Ordinator
The Orthopaedic Research Institute (ORI)
Level 2, 4-10 South Street Kogarah NSW 2217
Telephone: (02) 9113 2930 Fax: (02) 9113 3967
Email: marina.zimmermann@health.nsw.gov.au

PLEASE PRINT CLEARLY

Name:.................................................................
Company Name: ................................................
Address:................................................................
Ph: ................................................................. Fax:........................................
Email:..............................................................

[ ] Registrations: $770 before 30 April 2018
[ ] Registrations after 30 April $880.

[ ] OR $450 per day please indicate which day:

[ ] Thursday
[ ] Friday
[ ] Saturday

Places are limited

Registration includes Lunches, Workshops, Welcome Reception and DJO Trade Show

[ ] Cheque [ ] Visa [ ] Mastercard Expiry: ...... /...... /......

Card No: ...... /...... /...... /......

Cardholders Name: ................................................

Signature: ................................................................

TERMS AND CONDITIONS Cancellations must give 14 days’ notice, a credit can be given for the 2019 conference or you are welcome to nominate a new a Delegate.